Dr. Nishant Saini (PT)
Assistant Professor | Ph.D. Scholar | BPT, MPT
(Neurology)

Dr. Nishant Saini is a dedicated physiotherapist, educator, and researcher with a specialization in rehabilitation, assessment, diagnosis, and patient-centered care. With approximately two years of experience in both clinical practice and academic teaching, he is committed to developing personalized treatment strategies and delivering physiotherapy education that seamlessly integrates theoretical knowledge with practical application.



Dr. Saini is currently pursuing his Ph.D. In Physiotherapy, focusing on advancing evidence-based rehabilitation practices and exploring innovative therapeutic approaches. His academic journey is complemented by an active research portfolio, with two Scopus-indexed publications in renowned journals. Additionally, he holds three patents (both international and national) and three copyrights (national and international), showcasing his commitment to advancing the field through innovation.

Known for his strong leadership, research orientation, and excellent communication skills, Dr. Saini is adept at collaborating with multidisciplinary teams and mentoring future healthcare professionals. He is passionate about bridging the gap between clinical practice, research, and innovation to enhance physiotherapy outcomes, contribute to scientific knowledge, and empower patients through evidence-based care.