

# IcfaiTech

## The ICFAI University, Jaipur-302031

Date: 17-09-2025

### Report of a Seminar on Women Hygiene: Bloom with Care

The Prantatva Club of IcfaiTech, ICFAI University, Jaipur organized a seminar titled ***“Bloom with Care”*** on September 17, 2025, at 3:00 PM in Seminar Hall 15, exclusively for female students. The program aimed to spread awareness about the importance of hygiene for maintaining good health and building confidence among female students. The seminar was conducted by **Dr. Surbhi Jain** and **Dr. Ayushi Mathur**, who addressed the participants with great enthusiasm and shared valuable insights on the role of hygiene in everyday life.

They explained the scientific aspects of personal care, clarified myths and misconceptions, and highlighted how awareness and regular self-care can help prevent health complications while enhancing confidence. The session was interactive, as students actively participated in discussions, raised queries, and received practical suggestions from the speakers.

Overall, the event was well-received and appreciated by the participants, who expressed the need for more such awareness initiatives in the future. The Prantatva Club expressed gratitude to the university management, faculty members, and especially to **Dr. Surbhi Jain** and **Dr. Ayushi Mathur** for their guidance and contribution in making the event meaningful and successful.

